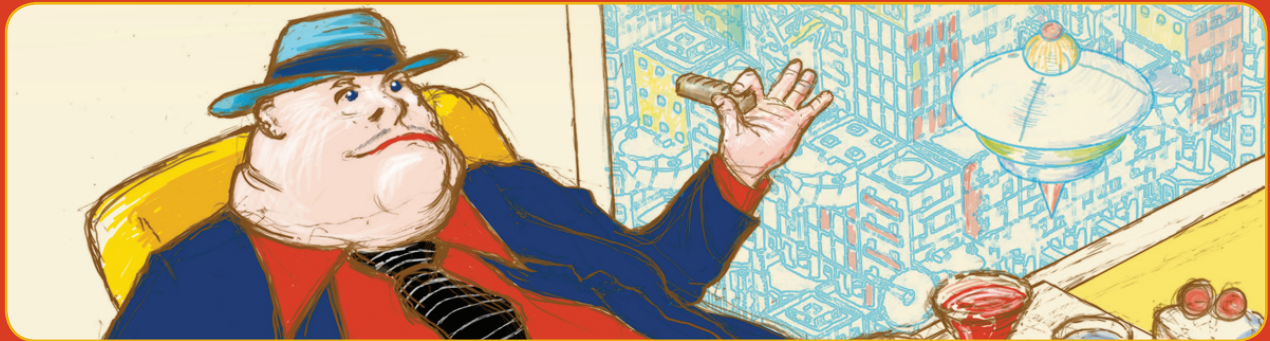


Science Theatre



Professor Jumpalot's Mission

Follow-up Activities

Here are some brief suggestions for how you can continue working on 'Professor Jumpalot's Mission' once you have finished the performance.

The purpose of the activities is to encourage the pupils to reflect on what they have learnt and let them express their own messages about healthy living.

The class can work on the activities independently or as part of a theme to create a major health campaign.

Create a health campaign

Divide the pupils into groups of two to five. Run through the various forms of campaign listed below so that the pupils understand the form and content of the individual activities.

Let the pupils choose the campaign that they want to work on. Each group must produce their own input for the overall health campaign, which can be shown to parents and schoolmates.

For the younger pupils it may be best if you choose one or two campaign activities only to make it easier for them to understand the form and content information.

Newspaper article:

Write an article on the causes of poor health based on what you have learnt in 'Professor Jumpalot's Mission'. Get more information via the links and from the School Challenge website.

The article should include

- A heading that generates interest in reading the article
- A 'lead', ie five to seven lines introducing the main content of the article
- One or more quotes from pupils, adults or experts relating to the theme

The article should be split into several smaller sections with short subheadings. Consider illustrating the article with photos or drawings. Don't forget to insert captions.

Useful tips for writing articles

Remember to mention the most important thing at the start of the article. A good rule of thumb for writing articles is to answer the following questions:

- Who is the article about?
- Where do the events discussed in the article take place?
- What is the article about? What is the subject?
- When do the events discussed in the article take place?
- What will be happening in future?

Consider making a small flyer describing the main points in your article. Distribute it to your schoolmates as an appetiser for your article. Try sending the article to the school magazine or other bigger publications.

Rap (min. 2 pupils per group):

Write a cool rap about healthy living. If necessary, listen to some rap music to get inspiration.

The rap can include

- 6–8 verses containing rhymes, alliteration and other wordplay that you come up with
- A refrain
- A rhythm that you create with sounds (human beatbox) or instruments

Consider the following

- Is it a solo rap or will you perform in a group?
- Who will generate the rhythm?

If you need help with your rap, the School Challenge website has a soundtrack and useful tips on how to make a rap song. See: novonordisk.com/schoolchallenge

Poster (max. 3 pupils per group):

Make a health poster that catches people's attention!

The poster can include

- A short description of the causes of poor health
- Charts and factboxes containing figures on health
- Extracts from interviews with people in and outside the school
- Quotes from children and adults on health
- Pictures and drawings

Consider the following

- What do the experts think about health?
- The issue of health is often in the media, with experts giving their opinions, but what do ordinary people think? Ask your brothers and sisters, classmates and parents.

Display the poster in the school canteen.

Consider making a PowerPoint presentation illustrating what you have found out and show it as part of the campaign.

Play (min. 3 pupils per group):

Write a play about people who are experiencing good/bad health. The play should include some magical elements and show what it is like to have good/bad health. The play must communicate a key message.

How it works

- Come up with a story about good/bad health.
- What is the key message of the story?

- The story could have a hero, a victim, a villain and a helper, and possibly other characters that you invent yourselves.
- You should consider what is going to happen, where it is going to take place and what the people will be like.

Consider the following

- How will you allocate the roles?
- Where will you perform the play?
- Draw up a scenario that describes each scene briefly
- Write the script for the scenes using language that is as idiomatic as possible
- Will you be using props? If yes, which ones?
- Will you be using music or sound to create certain moods? If so, what music and sounds?
- Will there be dancing or other movement? If so, you will need to create the choreography.

When you have your script, props and sequence of scenes ready, you need to run through the whole thing at least twice before you perform in front of an audience.

Remember:

- Speak loudly and clearly
- Think about where the audience is; they must be able to see and hear what is happening.

Dilemma story (max. 3 pupils per group):

Make up a story about the dilemma between wanting to stay healthy and really loving sweets. It is common sense versus desire. A sweet dilemma!

Consider the following

- Who is involved and what are they like?
- Where and when does the story take place? Don't forget to describe the setting.
- What is the main character like?
- What happens?
- What changes the situation? At a certain point in the story something should happen that changes the situation radically – a 'turning point' that helps to make the story exciting.

Read the story out loud and make it as lively as possible

- Make sure that you look up from the text now and then.
- Read the story to yourself at least twice before you read it out loud.

News interview – live! (2–4 pupils per group):

Prepare a news interview on the consequences of an unhealthy lifestyle and lack of exercise. You could interview an expert, eg the school nurse, or you could play the role of expert yourself: what would you answer if you were Minister for Health? A doctor? A parent? A classmate?

- Write the questions together.
- Express your key messages and answers precisely. While rehearsing, work together to come up with good ways to answer the questions. Take turns asking and answering questions.
- Choose an interviewer.
- Decide who will answer which questions.
- Practise the interview thoroughly before you 'go live'!

Present the interview to your classmates.

Futuristic interview (2 pupils per group):

- Divide the pupils into pairs. One will be the interviewer, the other Professor I. Jumpalot from 'Professor Jumpalot's Mission'.
- The interview takes place 10 years into the future. I. Jumpalot has to explain how he/she is looking back on the event from the role-play.
- The interview could be part of a general news broadcast, see above.

Advertising spot:

Prepare a theatrical advertising spot on health. The spot must be short (less than one minute) and ideally funny!

Consider which elements will be included

- Slogans?
- Repetition of the key message?
- Before/after picture?
- Short story?
- A speaker who comments on what is happening?

Draw up a scenario. A scenario is a step-by-step manuscript for how the advert will be performed as a role-play.

Practise the spot at least twice.

Get more inspiration and detailed guidelines from the links and literature on the School Challenge website.